



# JUST BE FIT, INC.

## PHYSICAL THERAPY

PATIENT NAME: \_\_\_\_\_

DATE: \_\_\_/\_\_\_/\_\_\_ PHYSICIAN NAME: \_\_\_\_\_

PLEASE PRINT

DIAGNOSIS/IDC9: \_\_\_\_\_

- |  |  |
|--|--|
| <input type="checkbox"/> EVALUATION AND TREATMENT  | <input type="checkbox"/> MUSCLE RE-ED                |
| <input type="checkbox"/> AROM Ex:                  | <input type="checkbox"/> CFM                         |
| <input type="checkbox"/> PROM Ex:                  | <input type="checkbox"/> BACK EXERCISE/STABILIZATION |
| <input type="checkbox"/> CERVICAL TRACTION:        | <input type="checkbox"/> SOFT TISSUE MASSAGE         |
| <input type="checkbox"/> PROGRESSIVE RESISTIVE EX: | <input type="checkbox"/> GAIT TRAINING               |
| <input type="checkbox"/> STRENGTHENING             | <input type="checkbox"/> UNWEIGHTING /               |
| <input type="checkbox"/> MANUAL THERAPY            | DISC DECOMPRESSION THERAPY                           |
| <input type="checkbox"/> ULTRASOUND                | <input type="checkbox"/> PERFORMANCE TRAINING        |
| <input type="checkbox"/> BALANCE TRAINING          | <input type="checkbox"/> VESTIBULAR (EPLEY FOR BPPV) |
| <input type="checkbox"/> E-STIM                    | <input type="checkbox"/> STROKE REHABILITATION       |
| <input type="checkbox"/> CARDIAC REHAB PHASE IV    | <input type="checkbox"/> HOT/COLD THERAPY            |
| <input type="checkbox"/> IONTOPHORESIS             | <input type="checkbox"/> HOME PROGRAM                |
| <input type="checkbox"/> _____                     |  |

Frequency: \_\_\_ 1/wk \_\_\_ 2/wk \_\_\_ 3/wk

Duration: \_\_\_ 1/wk \_\_\_ 2/wk \_\_\_ 3/wk \_\_\_ 4/wk

Remarks/Comments/Limitations/Weight Bearing:

Physician Signature: \_\_\_\_\_ Date: \_\_\_/\_\_\_/\_\_\_



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## PHYSICAL THERAPY

420 Lake Cook Road • Suite 101

Deerfield, Illinois 60015

847-444-1FIT (1348) • Fax: 847-444-1349

www.justbefitinc.com

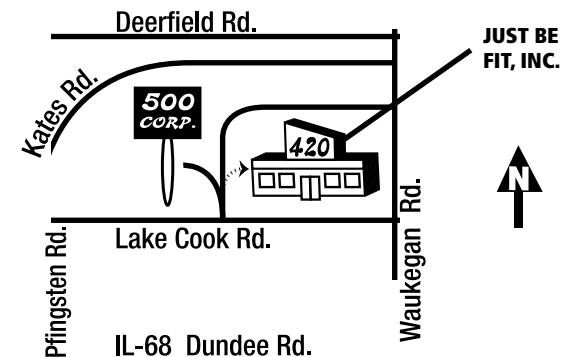
### Hours and Directions

Mon – Thurs 5:00 a.m. – 8:00 p.m.

Friday 5:00 a.m. – 6:00 p.m.

Saturday 5:00 a.m. – 4:00 p.m.

420 Building  
is just EAST of  
500 Corp. sign as  
you turn in or  
across the street  
from PNC Bank!



Please scan QR Code to bring you to the  
Just Be Fit website. Click on Physical Therapy  
for patient evaluation forms.

